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Subject: Crying

Posted by [\\_SSnipe\\_](#) on Sun, 08 Nov 2009 19:36:02 GMT

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Do you guy's believe, If you hold in your tears and not cry for a long period of time that it makes you stronger? I have a friend like that who she has not cried in years after all the hurtful stuff that's been happening in her life and im trying to convince her to do so.

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Subject: Re: Crying

Posted by [SSADMVR](#) on Sun, 08 Nov 2009 20:48:56 GMT

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eeehhh, are you serious?

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Subject: Re: Crying

Posted by [CarrierII](#) on Sun, 08 Nov 2009 20:57:51 GMT

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Crying is a natural expression of grief / sorrow, so if she's unhappy, and it's serious, than nothing wrong with crying. That being said, crying too much is probably a fault.

Thread over? (This post is so flame-bait)

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Subject: Re: Crying

Posted by [Altzan](#) on Sun, 08 Nov 2009 21:51:58 GMT

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CarrierII wrote on Sun, 08 November 2009 14:57Crying is a natural expression of grief / sorrow, so if she's unhappy, and it's serious, than nothing wrong with crying. That being said, crying too much is probably a fault.

Thread over? (This post is so flame-bait)

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Subject: Re: Crying

Posted by [archerman](#) on Sun, 08 Nov 2009 22:40:14 GMT

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Toggle Spoiler  
nice slippers, btw.

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Subject: Re: Crying  
Posted by [ChewML](#) on Sun, 08 Nov 2009 22:48:23 GMT  
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Does she say why she doesn't cry? Does she seem emotionally upset, like show it some other way?

Could you elaborate possibly on the "hurtful things" in her life?

Many people are different, and some are only known to cry a couple times by relatives and close friends... normally relating to death of people and/or pets.

Also, without trying to be rude... how close are you with her? Are you trying to get closer?

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Subject: Re: Crying  
Posted by [Sladewill](#) on Mon, 09 Nov 2009 01:26:09 GMT  
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Expressing yourself is a natural way of life, you bottle it up and you might do something stupid.

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Subject: Re: Crying  
Posted by [\\_SSnipe\\_](#) on Mon, 09 Nov 2009 01:57:38 GMT  
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Chew wrote on Sun, 08 November 2009 14:48 Does she say why she doesn't cry? Does she seem emotionally upset, like show it some other way?

Could you elaborate possibly on the "hurtful things" in her life?

Many people are different, and some are only known to cry a couple times by relatives and close friends... normally relating to death of people and/or pets.

Also, without trying to be rude... how close are you with her? Are you trying to get closer?

She wont open up much, but basically family problems and boy problems and even major shit, she just holds it all in thinking its making her stronger

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Subject: Re: Crying  
Posted by [R315r4z0r](#) on Mon, 09 Nov 2009 02:00:59 GMT  
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It's the opposite. Holding in tears makes you weaker.

If you want to be scientific about it, tell her that holding in stressful emotions can cause brain tumors.

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Subject: Re: Crying

Posted by [nope.avi](#) on Mon, 09 Nov 2009 02:20:28 GMT

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tell her not to cry, it's better to retain water

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Subject: Re: Crying

Posted by [masterkna](#) on Mon, 09 Nov 2009 03:42:15 GMT

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here's a question: is it possible to lose the ability to cry? i've lost several aunts and uncles in the past few years + all the stress with somethings in my own personal life, yet i am unable to shed a tear, despite tries..

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Subject: Re: Crying

Posted by [ErroR](#) on Mon, 09 Nov 2009 11:48:03 GMT

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masterkna wrote on Mon, 09 November 2009 05:42 here's a question: is it possible to lose the ability to cry? i've lost several aunts and uncles in the past few years + all the stress with somethings in my own personal life, yet i am unable to shed a tear, despite tries..

try onion sorry couldn't resist ; you could try talking to someone, maybe a friend or a relative, or maybe a psychologist

ontopic: i have to agree with Slade, i don't think holding everything inside would do any good, you should cry if you feel to, it's natural, and if you cry or don't doesn't make you strong/weak at all imo.

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Subject: Re: Crying

Posted by [SSADMVR](#) on Mon, 09 Nov 2009 18:15:19 GMT

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Not everyone cries to express misery.

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Subject: Re: Crying

Posted by [EvilWhiteDragon](#) on Mon, 09 Nov 2009 18:17:08 GMT

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masterkna wrote on Mon, 09 November 2009 04:42here's a question: is it possible to lose the ability to cry? i've lost several aunts and uncles in the past few years + all the stress with somethings in my own personal life, yet i am unable to shed a tear, despite tries.. Or you are just insensitive in that department. There's nothing wrong with that, some people are more emotional outgoing than others. BUt i don't think it's possible to lose that ability, you just shouldn't want to force it. That just doesn't work with emotions.

---

Subject: Re: Crying

Posted by [Sladewill](#) on Mon, 09 Nov 2009 18:19:48 GMT

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yup agreed, i font feel much emotions most of the time, i do have anger but thats about it :S

---

Subject: Re: Crying

Posted by [luv2pb](#) on Mon, 09 Nov 2009 20:42:19 GMT

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Just tell her tears make the best lube!

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Subject: Re: Crying

Posted by [ChewML](#) on Mon, 09 Nov 2009 21:28:54 GMT

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luv2pb wrote on Mon, 09 November 2009 14:42Just tell her tears make the best lube! As true as that may or may not be, I think it lacks in the sensitivity department...

---

Subject: Re: Crying

Posted by [Nukelt15](#) on Mon, 09 Nov 2009 21:33:09 GMT

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The longer you hold it in, the worse it is when you let it out. If you hold it in for too long, you might just find that you no longer can let it out without help. I've been there, and it sucks a whole lot worse than someone seeing you get teary when you realize that you can't even express natural, rational grief without someone or something to knock down the walls for you. It took counseling and several very good friends to start putting things right, and I'm still a long ways away from where I think I need to be.

In other words, yes- you can lose the ability to express strong emotions. Emotional self-control is

---

a useful ability, and it's come in handy for me many times, but if taken too far it will ruin you. Great for avoiding hurtful confrontations and preventing you from losing your temper... not so great when you have something that needs to come out but can't because you've forgotten how to let it. And yes, there are specific examples behind that- just nothing I'd want to share here.

Far better to be seen as "weak" than to try to be too strong.

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Subject: Re: Crying  
Posted by [Sladewill](#) on Mon, 09 Nov 2009 22:32:20 GMT  
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O.o how long u spend writting that reply lol?

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Subject: Re: Crying  
Posted by [IAmFenix](#) on Mon, 09 Nov 2009 22:33:47 GMT  
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Sladewill wrote on Sun, 08 November 2009 19:26 Expressing yourself is a natural way of life, you bottle it up and you might do something stupid.  
Wow, that basically sums up a paragraph I was about to write, that I've learned from unfortunate experience.  
I'm actually impressed with how well you had expressed that.

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Subject: Re: Crying  
Posted by [Wiener](#) on Tue, 10 Nov 2009 09:59:04 GMT  
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For those like me who had difficulties understanding this word:

crying: <http://en.wikipedia.org/wiki/Cry>

here's another one: [http://en.wikipedia.org/wiki/Girlie\\_men](http://en.wikipedia.org/wiki/Girlie_men)

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Subject: Re: Crying  
Posted by [Dave Anderson](#) on Wed, 11 Nov 2009 10:30:35 GMT  
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I do not cry. Ask anyone who knows me: parents, siblings, friends. I simply do not and have not cried in the past 5 years or so. (I'm 19). My motto? If something bad happens, deal with it. Suck it up and move on. I do not cry when someone dies, I do not cry when something bad happens. This is my personality.

.  
. .  
But the reality of it is, anyone who has this personality (seems like your friend), simply, is lying. I bottle everything up, all the time. I never talk about my problems, but I am also one of the most outgoing and happy individuals anyone knows. What they don't know is that when I turn my back, I'm not that same individual. It's a pretty great facade to a couple things that have happened to me in the past.

Your friend, may be the same way, I don't know. All I know is people with a similar personality usually tend to work things out on their own, and are better left alone. If people try to tell me how to handle my emotions/life, I basically tell them to get the hell away from me (in a nice manner of course, but that's how I mean it).

When I do lose it: It's bad. Run. Luckily, these things never happen. I usually just brush everything off.

I agree with some people here though. Bottling things up over the years, I think I have lost the ability to express certain emotions. I don't feel sympathy/empathy for people who have lost loved ones, when something bad happens to them, or anything really. I don't know why, honestly.

The good part is in the past year or so I've gotten over those couple of things that had bothered me so much, so I'm not really that way anymore.

Depression is a bad thing, and I spent a lot of money on repairing things I broke from losing my temper/cool. It wasn't fun - at all -

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Subject: Re: Crying  
Posted by [Sladewill](#) on Wed, 11 Nov 2009 22:12:50 GMT  
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bro you still express your emotions into putting all efforts into coding and outdoing yourself day-in day-out, so theoritcally you do.

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Subject: Re: Crying  
Posted by [GEORGE ZIMMER](#) on Wed, 11 Nov 2009 22:29:59 GMT  
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I express all my emotions by masturbating 23 hours a day.

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Subject: Re: Crying  
Posted by [\\_SSnipe\\_](#) on Wed, 11 Nov 2009 22:39:53 GMT

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Dave Anderson wrote on Wed, 11 November 2009 02:30 I do not cry. Ask anyone who knows me: parents, siblings, friends. I simply do not and have not cried in the past 5 years or so. (I'm 19). My motto? If something bad happens, deal with it. Suck it up and move on. I do not cry when someone dies, I do not cry when something bad happens. This is my personality.

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Depression is a bad thing, and I spent a lot of money on repairing things I broke from losing my temper/cool. It wasn't fun - at all -

With her she acts happy but pretty much is just putting on a front, and she almost cries but holds it in, Not like what you do

---

**Subject: Re: Crying**

Posted by [liquidv2](#) on Thu, 12 Nov 2009 05:50:41 GMT

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Nukelt15 wrote on Mon, 09 November 2009 15:33 The longer you hold it in, the worse it is when you let it out. If you hold it in for too long, you might just find that you no longer can let it out without help. I've been there, and it sucks a whole lot worse than someone seeing you get teary when you realize that you can't even express natural, rational grief without someone or something to knock down the walls for you. It took counseling and several very good friends to start putting things right, and I'm still a long ways away from where I think I need to be.

In other words, yes- you can lose the ability to express strong emotions. Emotional self-control is a useful ability, and it's come in handy for me many times, but if taken too far it will ruin you. Great for avoiding hurtful confrontations and preventing you from losing your temper... not so great when you have something that needs to come out but can't because you've forgotten how to let it. And yes, there are specific examples behind that- just nothing I'd want to share here.

Far better to be seen as "weak" than to try to be too strong.  
every time you post it's like a bombshell of relevant helpful information regardless of what's being discussed

it's pretty cool

good job kind sir

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Subject: Re: Crying  
Posted by [Dave Anderson](#) on Fri, 13 Nov 2009 15:08:09 GMT  
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Sladewill wrote on Wed, 11 November 2009 15:12bro you still express your emotions into putting all efforts into coding and outdoing yourself day-in day-out, so theoritcally you do.

I haven't touched a compiler in almost 3-6 months. :S

---

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Subject: Re: Crying  
Posted by [Sladewill](#) on Fri, 13 Nov 2009 16:47:34 GMT  
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O.o wow thats a long time

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Subject: Re: Crying  
Posted by [renalpha](#) on Tue, 15 Dec 2009 07:59:42 GMT  
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I express myself in lyrics, far better then crying.  
Just tell my story so i will feel better.

---

---

Subject: Re: Crying  
Posted by [dr3w2](#) on Wed, 16 Dec 2009 05:40:39 GMT  
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---

Dave Anderson wrote on Fri, 13 November 2009 09:08Sladewill wrote on Wed, 11 November

---



2009 15:12bro you still express your emotions into putting all efforts into coding and outdoing yourself day-in day-out, so theoritcally you do.

I haven't touched a compiler in almost 3-6 months. :S  
WHY U DO THIS

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Subject: Re: Crying  
Posted by [Rocko](#) on Mon, 21 Dec 2009 22:42:10 GMT  
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the only times i cried was when tupac died and when the KFC 2 blocks from my house closed down. now if i want fried chicken i have to go to a popeyes that's 5 blocks away.

---

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Subject: Re: Crying  
Posted by [ChewML](#) on Mon, 21 Dec 2009 22:44:02 GMT  
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Rocko wrote on Mon, 21 December 2009 16:42the only times i cried was when tupac died and when the KFC 2 blocks from my house closed down. now if i want fried chicken i have to go to a popeyes that's 5 blocks away.  
This stupid fuck really should be banned for racism, I know it is not blantant, but it is the same theme for everyone one of his post... and none of them are ever constructive input to the thread.

---

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Subject: Re: Crying  
Posted by [renalalpha](#) on Mon, 21 Dec 2009 23:42:47 GMT  
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feel ya mane, rip eazy 2pac

btw

bizzy bone #1 at this moment.

---

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Subject: Re: Crying  
Posted by [zeratul](#) on Tue, 22 Dec 2009 05:58:51 GMT  
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I bottle it up... end the end i have broken my fingers many times from bottling it up and losing it on the wall... where the 2x4 usually is... unless i get lucky... then i spend money repairing a hole in the wall.

---

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Subject: Re: Crying  
Posted by [ChewML](#) on Tue, 22 Dec 2009 14:38:25 GMT  
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Zeratul wrote on Mon, 21 December 2009 23:58I bottle it up... end the end i have broken my fingers many times from bottling it up and losing it on the wall... where the 2x4 usually is... unless i get lucky... then i spend money repairing a hole in the wall.  
Cheaper to buy a box of tissues.

---

Subject: Re: Crying  
Posted by [Tunaman](#) on Tue, 22 Dec 2009 14:48:24 GMT  
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I don't cry or get angry about emotional issues. I'm pretty good!

Then again, I'm generally a really cheerful/happy person and there's only been a few things that bother me.

---

Subject: Re: Crying  
Posted by [SSADMVR](#) on Wed, 23 Dec 2009 19:16:25 GMT  
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Chew wrote on Mon, 21 December 2009 16:44Rocko wrote on Mon, 21 December 2009 16:42the only times i cried was when tupac died and when the KFC 2 blocks from my house closed down. now if i want fried chicken i have to go to a popeyes that's 5 blocks away.  
This stupid fuck really should be banned for racism, I know it is not blantant, but it is the same theme for everyone one of his post... and none of them are ever constructive input to the thread. lol stop being such a faggot...

---

Subject: Re: Crying  
Posted by [ChewML](#) on Wed, 23 Dec 2009 19:18:54 GMT  
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---

SSADMVR wrote on Wed, 23 December 2009 13:16Chew wrote on Mon, 21 December 2009 16:44Rocko wrote on Mon, 21 December 2009 16:42the only times i cried was when tupac died and when the KFC 2 blocks from my house closed down. now if i want fried chicken i have to go to a popeyes that's 5 blocks away.  
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Who me or him? As I am failing to see any reference of a sexual nature in the quoted text.

---

---

Subject: Re: Crying

Posted by [raven](#) on Wed, 23 Dec 2009 19:20:41 GMT

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Chew wrote on Wed, 23 December 2009 13:18SSADMVR wrote on Wed, 23 December 2009 13:16Chew wrote on Mon, 21 December 2009 16:44Rocko wrote on Mon, 21 December 2009 16:42the only times i cried was when tupac died and when the KFC 2 blocks from my house closed down. now if i want fried chicken i have to go to a popeyes that's 5 blocks away. This stupid fuck really should be banned for racism, I know it is not blantant, but it is the same theme for everyone one of his post... and none of them are ever constructive input to the thread. lol stop being such a faggot... Who me or him? As I am failing to see any reference of a sexual nature in the quoted text.

Chew's law...

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Subject: Re: Crying

Posted by [\[NE\]Fobby\[GEN\]](#) on Thu, 24 Dec 2009 01:51:22 GMT

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I think people just get desensitized after a while, where all your emotions eventually blend to a certain level and simply adjust rather than completely shift. Crying is usually like an outburst of a sad emotion, just as laughing is an outburst of a happy emotion, though I think I could comfortably say I haven't cried in years, but nor have I laughed really really hard in a while.

---

Subject: Re: Crying

Posted by [CarrierII](#) on Thu, 24 Dec 2009 16:02:40 GMT

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Rocko gets banned every now and again, it's a bit sad really, because all he does is come back and try to turn his race into an issue, when he's the only one who seems to notice or care.

---

Subject: Re: Crying

Posted by [ChewML](#) on Thu, 24 Dec 2009 16:13:16 GMT

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CarrierII wrote on Thu, 24 December 2009 16:02Rocko gets banned every now and again, it's a bit sad really, because all he does is come back and try to turn his race into an issue, when he's the only one who seems to notice or care.

It's not that he cares... who know for sure he is even black? It's not like you can look at a forum and pick out who is black, brown, white, albino, red, yellow, or w/e else color someone could be.

He does it to be a trolling idiot, and it is quite annoying. It is not even original or funny. The whole black people and KFC bit played out a long time ago.

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Subject: Re: Crying  
Posted by [Carrierll](#) on Sun, 27 Dec 2009 18:23:07 GMT  
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Sorry, forum policy to not ban until he's been an asshole for long enough.

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