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Subject: what is up with this program usage!?

Posted by [forsaken](#) on Sun, 21 Mar 2004 19:46:28 GMT

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Well for the past week my computer been really sluggish compared to previous times, and programs have been locking up a lot. So I was in the middle of ending a program through task manager, and decided to check the cpu usage and I saw this

I was surprised it being so high and still being able to function at all

I looked at processes and found this program

But I thought that that is the windows exe? What should I do? Put in the back-up disk and reinstall windows? If so, do I need to back-up anything, because if I reinstall windows XP, will it delete any valuable information or will everything be fine?

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