
Subject: The Bar is Open... Can I get you a drink?
Posted by [Krazyfoxx](#) on Tue, 16 Dec 2003 14:40:02 GMT
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DaveGMMDiet does actually help if you want to lose weight.

I think you put on something like half a stone if you drink 2 normal sodas a day for about 2 months.

Diet eliminates that factor. Half a stone less to work off
Sounds like a Kidney stone? Anyway, hey Giz, you got any Aftershock? If not, I'll have a Jack & Coke.
