http://multiplayerforums.com/index.php?/topic/896-howto-organizing-work-environment-setup-renegade-tools/

I wrote a tutorial for newcomers some time ago.
It describes pretty much anything you need to start making maps for Renegade.
Also includes a package download with the tools you need.

Happy mapping!

PS: Come on irc.multiplayerforums.com in channel #mpf-renhelp if you need any help with it