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Subject: Re: Spicy food remedies

Posted by [reborn](#) on Fri, 23 Jul 2010 07:45:10 GMT

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I love spicy food, but I have a friend that seems to be able to eat molten lava without breaking a sweat.

I've ordered myself some chilli seeds (the African Devil seeds, which is what I believe Nando's use for their hottest piri piri sauce) to make my own piri piri sauce. I like to think of myself as a capable chef, and a home made chilli sauce from my home-grown chilli's would be a point of interest for a dinner party, BBQ or whatever...

I've also ordered a bunch of Naga Morich seeds, which are 50% hotter than the chilli that's rated as the hottest in the guiness book of records, coming in at 1,598,227S cU. I ordered these specifically to make a special chilli sauce for my friend, who is seemingly immune to all things spicy!

Apparantly yogurt or milk are excellent remedies for a burning mouth. For chilli's, if you drink water, it just spreads the capsaicin around... To be fair though... Just fucking grow a pair!

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