I'm not sure if that's what you mean, but you can change the soldier's team in his settings menu.

Object > Soldier > Soldier_Preset > Nod > Nod_Scientist

I will use the Nod_Scientist for my example. Click on the hammed at the down-right of the screen, click on the hammer to mod the object. Go to settings and scroll down a bit, till you see the PlayerType property. Simply change it to whatever you like.

I hope it helped you...