http://www.youtube.com/watch?v=bpTRqkXLhDk is an example of a glitched c4.. sometimes you can get to a weird angle in first person and repair them but I didn't have any luck(I tried that before taking the video). Sorry for the poor video quality.
I'm not actually sure how to glitch them but I'm sure that someone here knows.. Its definately reproducable, but I think it might be something like glass shooting. =(

That's awesome about the disappearing c4 btw, does it fix it when c4s disappear after travelling a certain distance from their "origin" where they were first placed?