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Subject: Crying

Posted by [\\_SSnipe\\_](#) on Sun, 08 Nov 2009 19:36:02 GMT

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Do you guy's believe, If you hold in your tears and not cry for a long period of time that it makes you stronger? I have a friend like that who she has not cried in years after all the hurtful stuff that's been happening in her life and im trying to convince her to do so.

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