
Subject: Re: 'You are in great danger of malwares and viruses from guard.com
Posted by [Tupolev TU-95 Bear](#) on Thu, 15 Oct 2009 20:55:09 GMT

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Glock~ wrote on Thu, 15 October 2009 21:19 You can back up using an external HDD or just a flash drive. Infections will probably find its way onto them though. So scan them before putting the data on your newly restored computer.

k thnx
