
Subject: Re: Wake up when you want to.
Posted by [R315r4z0r](#) on Tue, 08 Apr 2008 03:13:38 GMT
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It isn't running on numbers, that is just how you intemperately do it. Your body just knows when it is the right time due to getting up at that time a lot.

Your body doesn't say "Oh it's 7, time to get up" it just uses its senses and determines that this is when it is accustomed to doing so.
