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Subject: Re: Don't bottle it up

Posted by [Blazer](#) on Tue, 25 Mar 2008 23:25:03 GMT

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"Depression", "Dispair", etc are just states of mind. States of mind which you can decide to change, either by not concentrating on whatever is bothering you, or by just deciding to not let life get you down.

Suicide being a "shaft of light" is ridiculous. Only a weak minded fool would believe that the end of existence, (including all that entails-going to hell if you are religious, causing pain in the lives of those that care about you, etc) is the answer to a mental problem.

Ironically I say weak minded, yet a suicidal person somehow has the will to override the primary and most basic instinct that all life on earth has - to survive, and yet they can't use the same willpower to decide to stop being a whiny emo bitch and just move on, and realize that "nothing is very, very bad, or very, very good, for very, very long". Life sucks sometimes, its part of life. Have a good cry, punch a hole in the wall, whatever...but just keep reminding yourself that "tomorrow will be a better day", and eventually it will be.

Ending your life just because things atm suck is dumb...you are getting off the ride at the worst part...why not stick around for the good parts?

I've been closer to death (seeing people die) than most people, and have had some really shitty things happen to me and others that I care about, yet I survived, and was able to move on and find happiness further down the road.

TBH it makes me sick when I see "emo" kids who are contemplating suicide over some bullshit like some girl, crap at school, not liking their looks, or where their life is at that moment. To me they aren't much different than a spoiled kid whining because he didn't get an iPod touch for xmas, and "only a ps3". STFU and guess what...life isn't a bowl of cherries. Suck it up and say "fuck you" to shit that tries to put you down, and next thing you know things will be better...if you are thinking about killing yourself, they can't get any worse can they.

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