They are created by the custom scripts.dll, chances are you have one of those weird issues wherein your Ren crashes every time you press "Quit" on the main menu, and you don't notice the difference. TBH, all you have to do, once a week, is go to C:\Westwood\Renegade\Crashdump\ and press Ctrl + A, and then Shift + Delete, click OK

You could also make a .bat file to do it for you if you're seriously lazy, I'll make one on request.

I do understand where you're coming from, I had 2.3 GB worth of crashdumps...