All you really have to do is the following:
1 - Open your xfire_games.ini file (usually in C:\Program Files\Xfire)
2 - Go to Edit -> Find -> Renegade
3 - Change the LauncherEXE value to game2.exe
4 - Save the file, restart Xfire and have fun

NOTE: When the Xfire team releases a games list update or an Xfire upgrade, you'll need to change the value again.

I think I'm going to add my patcher back onto my site just to make it quick and easy for as many people as possible.