
Subject: Re: Anyone here smoke?

Posted by [warranto](#) on Sat, 22 Oct 2005 00:52:20 GMT

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sigh

Once again, stop confusing a physical addiction with a psychological one. a PHYSICAL adiction means you are dependant on it. (withdrawl, etc.) a PSYCOLOGICAL addiction means you DON'T have the physical dependance, yet you are unable to stay away from the thing.

If you went back to tv on th elast day of your life, why? "Because I wanted to" (or some varaiation thereof). Exactly. That is a psycological addiction. Stopping only to later find some reason, and convincing yourself that it's proper, to go back to the thing. There is no withdrawl from not doing it, there is no physical reaction, such as depression, there is no sign of the dependancy. However, you fail to stay away. You may, while not engaged in the action, feel a desire to return. You may not act on it, and you may not have any side effects or complications from that desire, but the desire is still there.

I said it was impossible for some people to not eat? Where did I say that? All I stated was that:
Quote:You feel the desire to satisfy that hunger.

Not actually eating itself.
