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Subject: Re: Anyone here smoke?

Posted by [warranto](#) on Fri, 21 Oct 2005 22:09:53 GMT

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Spoony wrote on Fri, 21 October 2005 09:42warranto wrote on Fri, 21 October 2005 02:12Here, I'll prove that even you are addicted to it.

I challenge you to give up any and all drugs for the rest of your life.

I bet you won't accept. Why? It doesn't matter, whether it's because you "like it", or "you simply don't want to", that's proof of the addiction. Refusal to stop. An addiction doesn't have to be physical. It can be just as psychological. That's the biggest pile of crap I've ever heard.

If you challenged me never to watch television ever again for the rest of my life (something I do extremely rarely anyway, we're talking a handful of times a year here), am I addicted to television if I say no?

I'll quote this, simply because it answers others relating to addiction. Yes. If you use it, and refuse to give it up that is an addiction. Not all addictions are bad, but they are there. Why would you refuse to give up television (in your example)? Because it's "fun", "provides entertainment", "nothing better to do", whatever. You are addicted to something when you refuse to give it up. Can you be addicted to food? Yes, and everyone is. Some people just take that addiction too far. Even if you can grow tired of something over time, you can still be addicted to it in the present (relating to the hamburger suggestion). What you people are doing is getting a physical addiction (such as nicotine) mixed up with a psychological addiction (refusal to stop, regardless of what it is). People have a psychological addiction to food (primarily out of necessity), they are not physically addicted to it, but they can not stop eating.

As for taking breaks in the usage, that doesn't matter. You still go back to it. Heck, that would be even more suggestive of a psychological addiction.

Class has started, so I'll comment on the other stuff later.

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