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Subject: Re: Anyone here smoke?

Posted by [Kytten9](#) on Wed, 19 Oct 2005 17:56:39 GMT

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I am not as clean cut as some of you....I used to smoke...I started smoking when I was 13 because it helped make me popular in school, but I always promised myself that if i got pregnant I would quit, because it isnt JUST me i'm killing anymore...and when I found out i was pregnant last april I quit cold turkey, and better still I made my mother quit with me. We have both been smoke free for 18 months now (and niether of us are even tempted to start again)

I do drink Alcohol. I quit drinking it when i was nearly 20 (im nearly 22 now) because I used to get completely wrecked, start fights, wake up in the morning and not remember how i got there (although that occasion I think my drink was spiked...luckily I was with my friends who got me home) Now i just drink once a week and that's like 1 50ml measure of Baileys...so it's not exactly returning to my old habits.

I used to smoke pot when I was 14...I'm not proud of it, but I wont deny it. In my defense I disowned one of my friends who got me into pot when she started snorting coke...That was when I gave up the habit.

EDIT: Alcohol is a depressant yes, but it also removes your inhibitions...so say for example you wouldnt normally have a one night stand or start a fight or dance with a girl/guy or give someone your number, the chances of you doing all the above things are greatly increase. It can be a stimulant if you mix it correctly. It's the down that comes after it that makes it a depressant!

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