
Subject: Remember kids defrag often or feel stupid.
Posted by [IRON FART](#) on Mon, 25 Apr 2005 00:37:34 GMT
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You should all do it regularly.

If you havent done it for a very long time, then the first defrag may take a long time, but after that if you do it once a month or once every 2 weeks or so, then it will only take a few minutes.
