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Subject: Anti Virus & Defragmenter

Posted by [xptek](#) on Mon, 28 Mar 2005 23:32:16 GMT

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SickOptometristJzinskyI used Norton av, worked fine until I "upgraded" to xp

I also used the standard windows defragmenter, that's fine too but I don't seem to be able to shut everything down without collapsing the system and ballsing it up. So yeah a good defrag program would be great, seeing as it's not been done now for about a year

DUDE! Defragin' is like changing your underwear man - It's got to be done at least once a month!

If that's the case, I've missed about 24 changes.

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