You could make it so that there was a train at a station and stayed for about 30 seconds, like you said. Then, have the train run though a teleport zone, teleporting you to a location, into a clone of the train you just transported out of, but at a different station. The train would never actually move far at all, it would just create an illusion of a really fast train. Just a thought. It's a little confusing, but with some tweaking, it may work.